

Do-It-Yourself Trail Mix Bar

A fun twist on the traditional potluck! Everyone brings one or two ingredients to create a buffet style bar. Simply write your name next to the ingredient you would like to bring!



HEARTY GRAINS

Cheerios: _____

Wheat Chex: _____

Rice Chex: _____

Popcorn: _____

Mini Pretzels: _____

Whole Grain Crackers: _____

Other: _____

CRUNCHY ADD-INS

Almonds: _____

Peanuts: _____

Cashews: _____

Walnuts: _____

Pecans: _____

Pumpkin Seeds: _____

Sunflower Seeds: _____

Other: _____

BEVERAGES

Water: _____

Fruit Infused Water: _____

Unsweetened Iced Tea: _____

Tea and Hot Water: _____

Coffee: _____

Other: _____

FRUITY ADDITIONS

Dried Cranberries: _____

Raisins: _____

Golden Raisins: _____

Dried Apricots: _____

Dried Apple Chunks: _____

Other: _____

SERVICE WARE

Bowls: _____

Napkins: _____

Spoons: _____

Cups (hot & cold) _____

